



The Uniting Church in Australia
180 Palmerston Street Carlton



Contact details

Office: 9347 7077

[facebook.com/](https://facebook.com/CarltonChurchOfAllNations)

[CarltonChurchOfAllNations](https://facebook.com/CarltonChurchOfAllNations)

Pastoral needs: Rev Ray

Gormann 0447 142 425

youtube carlton-uca

email: minister@cancarlton.org.au

Nuclear Electricity Discussion Session

Following our recent 3 part study/discussion series on the environment there was a fair bit of interest in having an extra session on what is going to be a hot issue in the upcoming Federal election campaign - nuclear generated electricity which is the policy of the Opposition.

A number of us confessed we did not know much about it - how it operates, what issues it raises, is it even practicable in Australia, what are the balance of the pros and cons.

So we will have a session on Thursday March 20 at 2.00pm at Redmond Park, 300 Pigdon St Princes Hill. This is a one off stand alone session so come along and we can all learn together. It is not primarily a session to argue one way or the other but more about us getting up to speed on the issues raised.



Church Dinner

Our next church meal is an evening meal on **Friday**

March

28 at the apartment block where Prebin,



Shiny, Ethan and Michelle live at 570 Lygon St, Carlton. This will run between 6.30pm - 8.30pm. Bring along something to put on the common table. Surnames beginning with A-K can bring something savoury and L-M something sweet. Put your name down on the sheet of paper on the welcome table if planning to come so we know how many table and chairs to put out in the large community room we will be using. If you need a ride see Ray.

Meet the Candidates Evening

Advance notice - CAN, in conjunction with the other Uniting Churches in the Federal seat of Melbourne will once again be hosting a "Meet the Candidates" evening. We will let you know when this will be after we have an announcement of the election date.

CAN 3-week roster for Sunday volunteers:

	16 March PURPLE Lent 2	23 March PURPLE Lent 3	30 March PURPLE Lent 4		16 March PURPLE Lent 2	23 March PURPLE Lent 3	30 March PURPLE Lent 4
<u>Preacher</u>	Ray G	Ray G	Ray G	<u>Property</u>	Jeff J	Ian B	Jason I
<u>Liturgist</u>	Jean D	Sue C	Jill T	<u>Offering</u>	Ken T Jeff J	Ian B Brendan C	David J Ethan K
<u>PP Prep</u>	Coco C	Jill T	Jill T	<u>Hospitality 1</u>	Julie P	Barbara LV	Pam K
<u>Music</u>	Donna C	Adam D	Glen W	<u>Hospitality 2</u>	Shiny I	Alice LV	Coco C
<u>Camera</u>	William V	Jeff J	Prebin A	<u>Flowers</u>	Shirley J	Greta B	Jill T
<u>Reader</u>	Shirley J	Jean E	Olivia LV	<u>HC</u>	-	-	-
<u>AV</u>	Prebin A	Ian B	William V	<u>Children</u>	Barbara LV Kate E	Kate E Mark S	Ken T Shiny I
<u>Greeter</u>	Jill T	Leah B	Mac N				

This Week at CAN

- Sunday March 16 @ 10.00am worship at CAN (Lent 2)
- Wednesday March 19 @ 7.45am Wednesday communion
- Wednesday March 19 @ 2.00pm worship at Redmond Park
- Wednesday March 19 @ 7.30pm Lenten studies by Zoom
- Friday March 21 @ 1.30pm Lenten studies by Zoom
- Sunday March 23 @ 10.00am worship at CAN (Lent 3)
- Sunday March 23 @ 12.00 CAN elders

CAN Wednesday Communion

The weekly Wednesday Communion by Zoom is held weekly at 7.45am. Have you considered if you might be part of this group who share the bread and cup together? Bring along to your computer screen your own piece of bread and wine/juice and share in this 30 minute worship service

Zoom link is <https://us02web.zoom.us/j/85049027673?pwd=YzIxcExjQUU5bHl0eVgzU3F4akxYQT09>

Meeting ID: 850 4902 7673

Passcode: 9dbLQu



Commissioning Service of Rev. Ros Armstrong

Commissioning Service of Rev. Ros Armstrong as the new Vicar of **St. Michael's North Carlton**. This special occasion marks the beginning of a new chapter in our church's journey, and we would be honoured by your presence.

 **Date:** Tuesday, 8 April 2025

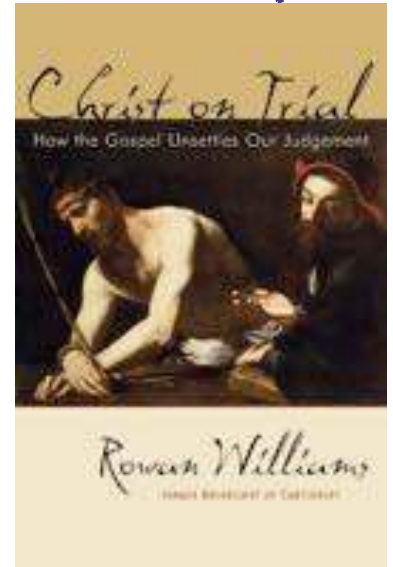
 **Time:** 7:00pm

 **Location:** St. Michael's North Carlton, 14 McIlwraith Street, Princes Hill VIC 3054

Please join us for a service of worship, prayer, and blessing, followed by a time of fellowship and refreshments.

Lenten Studies

Our Lenten Studies for 2025 are in conjunction with our friends at Mark the Evangelist. We are using Rowan Williams' *Christ on Trial: How the Gospel Unsettles our Judgement*.



Two online (Zoom) groups are offered
Wednesday evenings at 7.45pm and Friday afternoons at 1.30PM, for six weeks (one week per chapter). Please register your intention to join us below, so that you can receive the Zoom link for the discussions!

Melbourne Baroque Orchestra Concert at Church of All Nations Sunday March 16, at 3.00pm



Luxuriate in the chamber music of Paris in the 1730's when Telemann visited and played with local musical luminaries. Australian traverse treasure Greg Dikmans is joined by Josephine Vains cello, Shane Lestideau violin, Laura Vaughan gamba and Samantha Cohen lute

For more information and to purchase tickets click [here](#)

Resources for Lent

What to Give Up for Lent - part 2 of a series through Lent

Suggestions are from staff of American Jesuit magazine

The snooze button on your alarm clock

Let the first penance of your day be hopping out of bed the *first* time the alarm sounds. And use the extra time wisely—spending it with God or loved ones. – Molly Cahill

Taking photos

I always get a little bit sad when I'm at a concert, historic site or majestic landscape and everyone is looking at it through their phone. This Lent, you can try to be more present to the people and beauty around you by putting down the phone and thanking God for the gift of that special, fleeting moment. – Ashley McKinless

Doomscrolling

Fellow Gen-Z-ers, I'm looking at you. Sometimes there's nothing better than some phone time in bed after a long day, but try swapping TikTok with some Twain or Instagram with Ishiguro for a truly enriching Lenten experience. – Michael O'Brien

Do: Tell people you're grateful.

This Lent I'm texting 40 people (one each day) to let them know that I'm grateful for them. Just a quick message in the morning before I head out the door. Bonus (if you're brave): Blindly scroll through your contact list and let the Spirit decide. – Christine Lenahan

Do: Persist with a spiritual practice that's difficult for you.

I can be a wildly inattentive person, and for this reason, I have always struggled to pray the rosary. I forget where I am midway through, and I end up quitting. This Lent, I'm trying to move past that fear of failure and praying one every day. – Delaney Coyne

Hot Showers

This practice was popularized by Exodus 90, which famously instructs giving up this modern luxury for 90 days. I tried it for 40 days amid a flurry of pious bravado back in high school. My results back then were to take fewer showers. Maybe you'll have more luck. – Zac Davis

Wordle

While I can find it difficult to stick with a consistent prayer routine, I am quite diligent about keeping my Wordle streak going. Swap your six chances to solve the day's puzzle with six Hail Marys. – Ashley McKinless

Do: Put your phone into Grayscale.

You'd be surprised by how much less addictive your phone seems when it's not bright and colorful. Try resetting it for 40 days and see if your relationship to your phone changes. (A guide for this on an iPhone: Settings → Accessibility → Display & Text Size → Color Filters (ON) → Grayscale.) – Molly Cahill

Alcohol

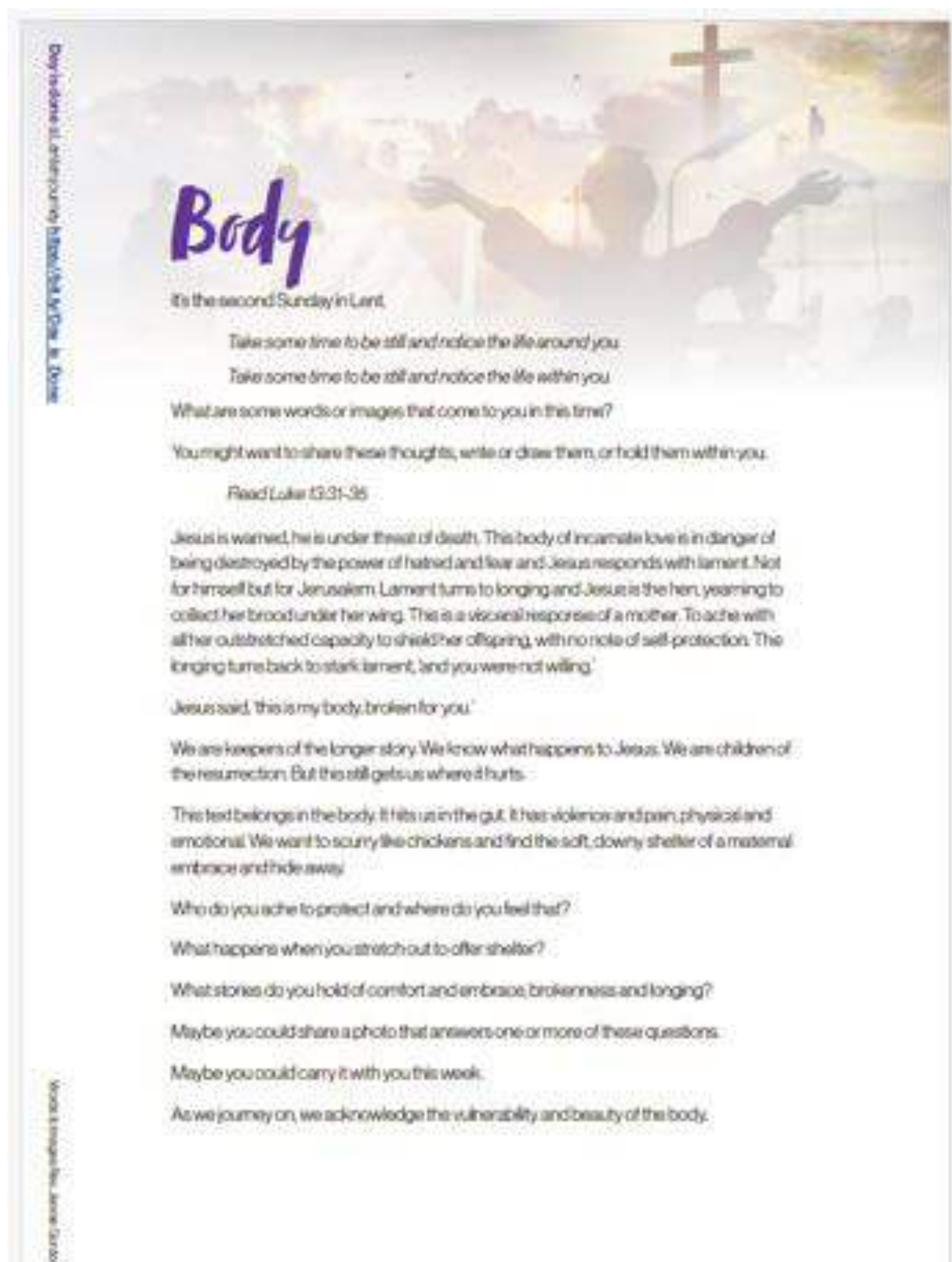
For those who just completed Dry January, here's another challenge for you; keep the booze on the barcart for the next 40 days. You've already shown yourself that you can! – Michael O'Brien

Do: No Spend Lent

O.K., you'll need to spend some money on essentials—and that's fine! But finding areas where you can cut expenses or go without your little treats and luxuries is a noble challenge. And you can make a thoughtful, charitable decision about how to share the money you've saved when Easter comes. – Molly Cahill

More Resources for Lent

Here is the second of Jennie Gordon's poems and reflections for Lent. You can access the whole series of daily reflections by clicking [here](#)



Body

it's the second Sunday in Lent.

Take some time to be still and notice the life around you.
Take some time to be still and notice the life within you.

What are some words or images that come to you in this time?

You might want to share these thoughts, write or draw them, or hold them within you.

Read Luke 13:31-35

Jesus is warned, he is under threat of death. This body of incarnate love is in danger of being destroyed by the power of hatred and fear and Jesus responds with lament. Not for himself but for Jerusalem. Lament turns to longing and Jesus is the hen, yearning to collect her brood under her wing. This is a visceral response of a mother. To ache with all her outstretched capacity to shield her offspring, with no hint of self-protection. The longing turns back to stark lament, and you were not willing.

Jesus said, 'this is my body, broken for you.'

We are keepers of the longer story. We know what happens to Jesus. We are children of the resurrection. But this still gets us where it hurts.

This text belongs in the body. It hits us in the gut. It has violence and pain, physical and emotional. We want to scurry like chickens and find the soft, downy shelter of a maternal embrace and hide away.

Who do you ache to protect and where do you feel that?

What happens when you stretch out to offer shelter?

What stories do you hold of comfort and embrace, brokenness and longing?

Maybe you could share a photo that answers one or more of these questions.

Maybe you could carry it with you this week.

As we journey on, we acknowledge the vulnerability and beauty of the body.

Body is my body, Jennie Gordon

CAN Congregation

Offerings to the Church of All Nations Parish Mission.

Your offerings support the ministry and mission of the congregation. The Congregation budget contributes the major component of the Community Support budget as well as ministry costs and other mission support.

Offerings can be made during the church service OR by regular bank transfer.

Bank transfers can be regular as weekly, fortnightly, monthly Offerings, OR as an occasional offering

Bank details are:

Bendigo Bank BSB 633000 Account No.:191446954

Name: Church of All Nations of Carlton



Lectionary Bible Readings

Today

March 16 (Lent 2)

Genesis 15:1-12, 17-18

Psalm 27

Philippians 3:17-4:1

Luke 13:31-35

Next Sunday March 23 (Lent 3)

Isaiah 55:1-9

Psalm 63:1-8

1 Corinthians 10:1-13

Luke 13:1-9

“Darkness cannot drive out darkness: only light can do that. Hate cannot drive out hate: only love can do that.”

— Martin Luther King Jr., [A Testament of Hope: The Essential Writings and Speeches](#)



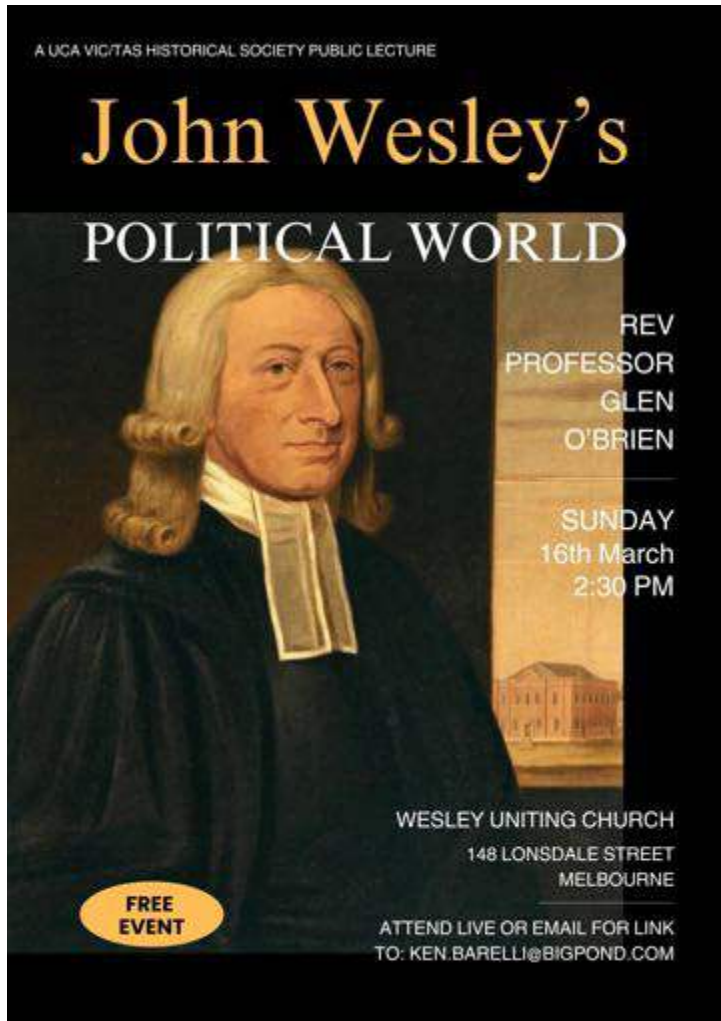
Donations to CAN Community Support

Donations to CAN Community Support are tax deductible and can be made in person to CAN Community Support Administration Office (Tuesday – Thursday) in the CAN Centre, OR by Bank transfer as follows: Bank details are:

Bendigo Bank: BSB 633000 Account No.: 191170380

Name: CAN Community Support





Surrender 2025

Belgrave Heights Convention Centre will host the Surrender

Grow Belonging this Neighbour Day

14 days to go!

Neighbour Day falls on Sunday, 30 March this year, but remember—it's Neighbours *Every Day*! Whether you celebrate before, on the day, or after, any time is perfect to connect.

Click [here](#) to find out more

Choirs In The Round

Recently the choirs who rehearse in our Church have put on a fund-raising concert for the work of Carlton Community Support. They have been wonderful afternoons with the Melbourne Mass Gospel Choir and Thursday's Children leading the way. Put the date of the afternoon of Saturday May 31 2025 in the diary and there will be another concert in the second half of the year. More details to follow.

Link for live streaming the 10.00am Service

Here is the link to watch the 10.00am service live on the church's Facebook page. You do not need a Facebook account to watch.

<https://www.facebook.com/CarltonChurchOfAllNations>

We will continue to offer this option for those who may be uncomfortable attending in person for whatever reason - health, mobility, geography, whatever...