

The Uniting Church in Australia 180 Palmerston Street Carlton

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CarltonChurchOfAllNations
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"Getting to Know You Better"

Our next "Getting to Know You Better" instalment will be on Sunday March 30 when Janet Ray, the new staff member from Carlton Community Support will come along to worship and introduce herself. Janet is the Family Learning -co ordinator and her position has been made possible through the grant from the Uniting Church we were able to

Early Notice of Easter Services

Palm Sunday – 13 April 10.00 am with Choir Maundy Thursday – 17 April 6.30 pm in church, includes light meal
Good Friday – 18 April 9.00 am with Choir, no morning tea
Easter Sunday - April 20 10.00am inc. Holy Communion

Church Dinner

Our next church meal is an evening meal on **Friday March 28** at the apartment block where

Prebin, Shiny, Ethan and Michelle live at 570 Lygon St, Carlton.



This will run between 6.30pm - 8.30pm. Bring along something to put on the common table. Surnames beginning with A-K can bring something savoury and L-M something sweet. Put your name down on the sheet of paper on the welcome table if planning to come so we know how many table and chairs to put out in the large community room we will be using. If you need a ride see Ray.



Book launch

The Centre for Theology and Ministry will host the launch of the book 'What is Happening to Religion in Australia? Understanding the Trends', written by Rev Dr Philip Hughes, on April 7.

Click **here** for more info and to register

CAN 3-week roster for Sunday volunteers:

	23 March PURPLE Lent 3	30 March PURPLE Lent 4	6 April PURPLE Lent 5		23 March PURPLE Lent 3	30 March PURPLE Lent 4	6 April PURPLE Lent 5
<u>Preacher</u>	Ray G	Ray G	Ray G	<u>Property</u>	lan B	Jason I	Brendan C
<u>Liturgist</u>	Sue C	Jill T	-	<u>Offering</u>	Ian B Brendan C	David J Ethan K	Ken T Brendan C
PP Prep	Jill T	Jill T	Ray G	Hospitality 1	Barbara LV	Pam K	Jean E
<u>Music</u>	Adam D	Glen W	Jean E	Hospitality 2	Alice LV	Coco C	Leah B
<u>Camera</u>	Jeff J	Prebin A	?	<u>Flowers</u>	Greta B	Jill T	Shirley J
<u>Reader</u>	Jean E	Olivia LV	Evan R	<u>HC</u>	-	-	Leah B
<u>AV</u>	lan B	William V	Prebin A	<u>Children</u>	Kate E Mark S	Ken T Shiny I	-
<u>Greeter</u>	Leah B	Mac N	Shirley J				

This Week at CAN

Sunday March 23 @ 10.00am worship at CAN (Lent 3)

Sunday March 23 @ 12.00 CAN elders

Tuesday March 25 @ 12.00 CAN Finance and Property committee by zoom

Tuesday March 25 @ 6.00pm CCS Board

Wednesday March 26 @ 7.45am Wednesday communion by zoom

Wednesday March 26 @ 7.30pm Lenten studies by Zoom

Thursday March 27 @ 1.30pm Pastoral Carers by zoom

Friday March 28 @ 1.30pm Lenten studies by Zoom

Friday March 30 @ 6.30 church dinner at 570 Lygon St, Carlton

Sunday March 30 @ 10.00 CAN worship (Lent 4)

CAN Wednesday Communion

The weekly Wednesday Communion by Zoom is held weekly at 7.45am. Have you considered if you might be part of this group who share the bread and cup together? Bring along to your computer screen your own piece of bread and wine/juice and share in this 30 minute worship service

Zoom link is https://us02web.zoom.us/j/85049027673?pwd=YzIXcExjQIU5bHI0eVgzU3F4akxYQT09https://us02web.zoom.us/j/85049027673?https://us02web.zoom.us/j/85049027673?https://us02web.zoom.us/j/85049027673?https://us02web.zoom.us/j/85049027673?https://us02web.zoom.us/j/85049027673?https://us02web.zoom.us/j/85049027673https://us02web.zoom.us/j/85049027673https://us02web.zoom.us/j/85049027673https://us02web.zoom.us/j/85049027673<a href="https://us02web.zoom.u

Meeting ID: 850 4902 7673

Passcode: 9dbLQu



Commissioning Service of Rev. Ros Armstrong

Commissioning Service of Rev. Ros Armstrong as the new Vicar of St. Michael's North Carlton. This special occasion marks the beginning of a new chapter in our church's journey, and we would be honoured by your presence.

Date: Tuesday, 8 April 2025

Time: 7:00pm

Location: St. Michael's North Carlton, 14 McIlwraith Street, Princes

Hill VIC 3054

Please join us for a service of worship, prayer, and blessing, followed by a time of fellowship and refreshments.

Public lecture

Pilgrim Theological College will host a public lecture from Executive Director of the Society of Biblical Literature, Steed Davidson, at the Centre for Theology and Ministry in Parkville on Monday (March 24).

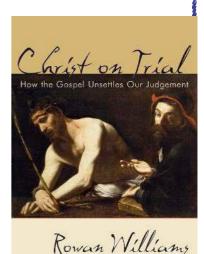


Biblical Studies and the Twilight of the **Humanities**

Click here to register and for more info

Lenten Studies

Our Lenten Studies for 2025 are in conjunction with our friends at Mark the Evangelist. We are using Rowan Williams'



Christ on Trial: How the Gospel Unsettles our Judgement.

Two online (Zoom) groups are offered Wednesday evenings at 7.45pm and Friday afternoons at 1.30PM, for six weeks (one week per chapter). Please register your intention to join us below, so

Link for live streaming the 10.00am **Service**

Here is the link to watch the 10.00am service live on the church's Facebook page. You do not need a Facebook account to watch.

https://www.facebook.com/ CarltonChurchOfAllNations

We will continue to offer this option for those who may be uncomfortable attending in person for whatever reason - health, mobility, geography, whatever...

We are urgently in need of someone who can look after the live streaming on April 6. Can you help? See Ray or Jill

Resources for Lent

What to Give Up for Lent - part 3 of a series through Lent

Suggestions are from staff of American Jesuit magazine

Do: Spiritual book club

Grab a few friends and choose a book with spiritual themes to read and discuss together. Maybe take this opportunity to try something a bit denser and chip away at it slowly for 40 days. (I had some luck reading ~30 pages of Victor Hugo's *Les Miserables* each day.) Don't rush to finish; let the themes sink in! – Molly Cahill

Do: Journal as a form of prayer

The best thing about writing down what comes up for you in prayer is that after the moment passes, you can revisit it again by reading it later. Look for patterns that appear again and again, and you'll get better at noticing God's hand in your day. – Molly Cahill

Coffee

Awake, o sleeper, without your morning jolt of caffeine this Lent. Giving up a regular morning (or multiple times a day) habit that we rely on can be hard, but doing so can help us instead turn more fully toward the God who gives us life. Bonus: Your giving up coffee might be a Lenten penance for the people around you, too. – Kerry Weber

Do: Reach out

Reach out to a friend, colleague, past colleague or family member each day to say hi and I am thinking of you—and it has to be 40 different people! Maybe it's someone you don't talk to often, or someone you want to forgive or just a friend that you haven't invested much time in recently.—Heather Trotta

Do: Read the daily Gospel.

Sometimes it can be hard to know what to pray "about." But reading the daily Gospel is always a great way to enter into prayer and to follow Jesus, not only throughout Lent but the whole year. – James Martin, S.J.

Do: Download The Word App.

Yes, that's right! We have an app for **America**'s daily Scripture reflections. The <u>Word app</u> is the perfect way to include some spirituality in your everyday life or supplement your Lenten commitment to prayer. – Christine Lenahan

Do: Be kind.

Look, we all sometimes feel that we have the right to be mean. Someone has cut in line before us on the subway. Or said something nasty to us. Now, we're not meant to be doormats, but that also doesn't mean that we need to be mean. For Lent, leaning into kindness can be the start of a whole new life. Being kind isn't all of the Christian life, but it's a big part. – James Martin, S.J.

Do: Strive to get 7,000-10,000 steps per day.

Movement is key and a way to get out in the world and see the beauty God has created for us. Plus it gives you time to pray, listen to an enriching podcast or reflect while being in nature. – Heather Trotta

Do: Pray the Rosary.

Pray (at least) a decade of the rosary each day reflecting on the mysteries and the faithfulness of the Blessed Mother.

– Alessandra Rose

Being on your phone while hanging out with your kids

I know, you're exhausted. But you'll never get this time with them back! Plus, you'll be setting a good example. (FaceTiming grandma and grandpa together is still allowed.) – Colleen Dulle

More Resources for Lent- from Jennie Gordon

Day is done a Lerten journey https://bit.ly/Day is_Done It's the third Sunday in Lent. Take some time to be still and notice the life around you. Take some time to be still and notice the life within you. What are some words or images that come to you in this time? You might want to share these thoughts, write or draw them, or hold them within you. Read Luke 13:1-9 'Let it alone for one more year.' There's a space of grace. The vineyard owner planted a fig tree to have figs, probably for the cheese plate to accompany the wines - quite acceptable! So, coming back for fruit for the third time and finding none, it was reasonable to give up and put an end to the constant disappointment. and drain on resources. Why was the gardener invested in protecting the fig tree and committing more of their own labour to encourage its fruitfulness? Has there been a time when you have been blessed with a space of grace? When you thought the crunch had come and you had failed, and then someone close to you committed time and energy to help you to flourish? Have you been that gardener for someone else? Digging around disturbs the soil, disrupts the surface, and a heaping of manure may not be what you might wish for. Have there been difficult times that have broken you open with grace that has been rich and rewarding? What is happening for you in this Lenten space of grace, this wilderness journey led by the Spirit? Where do you find nourishment and nurture? Fruit only appears in the right season, but watching, pruning, watering and feeding the tree is a constant commitment. Words & Images Rev Jennie Gordon What fruitfulness do you long for? What fruitfulness are you being called into and what does grace have to do with that? Maybe you could plant something in your garden, or in a pot, to remind you of this time. As we journey on, we inhabit those spaces of grace.

CAN Congregation

Offerings to the Church of All Nations Parish Mission.

Your offerings support the ministry and mission of the congregation. The Congregation budget contributes the major component of the Community Support budget as well as ministry costs and other mission support.

Offerings can be made during the church service OR by regular bank transfer.

Bank transfers can be regular as weekly, fortnightly, monthly Offerings, OR as an occasional offering

Bank details are:

Bendigo Bank BSB 633000 Account No.:191446954

Name: Church of All Nations of Carlton

Lectionary Bible Readings

Today
March 23 (Lent 3)
Isaiah 55:1-9
Psalm 63:1-8
1 Corinthians 10:1-13
Luke 13:1-9

Next Sunday
March 30 (Lent 4)
Joshua 5:9-12
Psalm 32
Corinthians 5:16-21
Luke 15:1-3, 11b-32

Donations to CAN Community Support

Donations to CAN Community Support are tax deductible and can be made in person to CAN Community Support Administration Office (Tuesday – Thursday) in the CAN Centre, OR by Bank transfer as follows:Bank details are:

Bendigo Bank: BSB 633000 Account No.: 191170380

Name: CAN Community Support



Quarterly gathering

The congregation of Mark the Evangelist will hold its next Quarterly Conversations event on Friday, April 4 from 11am at the Centre for Theology and Ministry in Parkville.

For more info and to register click **here**